

『ソーン医師』、『ミドルマーチ』に見る脇役から主役へと変化する医者たち

北里大学 専任講師

矢野 奈々

1 19世紀のイギリスの医学的飛躍について

- ・「憶測」の診断と治療から聴診器、顕微鏡等の器具を使用した科学的な診断、治療法への移行。
- ・1858年に「医療法(Medical Act)」が成立した。
- ・内科医(physician)(最も権威があった)、外科医(surgeon)、薬剤師(apothecary)。

医者が主役となる代表的な小説

アントニー・トロロープ(Anthony Trollope, 1815-1882)の『ソーン医師』(*Doctor Thorne*, 1858)

ジョージ・エリオット(George Eliot, 1819-1880)の『ミドルマーチ』(*Middlemarch*, 1871-72)

他にロバート・ルイス・スティーヴンソン(Robert Louis Stevenson, 1850-94)の

『ジキル博士とハイド氏』(*Strange Case of Dr Jekyll and Mr. Hyde*, 1886)

アーサー・コナン・ドイル(Arthur Conan Doyle, 1859-1930)の『ラウンド・ザ・レッドランプ』(*Round the Red Lamp*, 1894)など。

2 本来は脇役であるソーン医師

引用①

As Dr Thorne is our hero—or I should rather say my hero, a privilege of selecting for themselves in this respect being left to all my readers—and as Miss Mary Thorne is to be our heroine, a point on which no choice whatsoever is left to any one, it is necessary that they shall be introduced and explained and described in a proper, formal manner. (15; 下線筆者)

引用②

"And now, Scatcherd, I will say good-bye. We part as friends, don't we?"
"Oh, but doctor, you ain't going to leave me so. What am I to do? What doses shall I take? How much brandy may I drink? May I have a grill for dinner? D—— me, doctor, you have turned Fillgrave out of the house. You mustn't go and desert me."
Dr Thorne laughed, and then, sitting himself down to write medically, gave such prescriptions and ordinances as he found to be necessary. They amounted but to this: that the man was to drink, if possible, no brandy; and if that were not possible, then as little as might be. (127; 下線筆者)

引用③

"Nonsense, man; fill the glass. I'll stand no nonsense now. I'll be master in my own house to the last. Give it here, I tell you. Ten thousand devils are tearing me within. You—you could have comforted me; but you would not. Fill the glass I tell you." "I should be killing you were I to do it." "Killing me! killing me! you are always talking of killing me. Do you suppose that I am afraid to die? Do not I know how soon it is coming? Give me the brandy, I say, or I will be out across the room to fetch it." "No, Scatcherd. I cannot give it to you; not while I am here. Do you remember how you were engaged this morning?"—he had that morning taken the sacrament from the parish clergyman—"you would not wish to make me guilty of murder, would you?" "Nonsense! You are talking nonsense; habit is second nature. I tell you I shall sink without it. Why, you know I always get it directly your back is turned. Come, I will not be bullied in my own house; give me that bottle, I say!"—and Sir Roger essayed, vainly enough, to raise himself from the bed. "Stop, Scatcherd; I will give it you—I will help you. It may be that habit is second nature." Sir Roger in his determined energy had swallowed, without thinking of it, the small quantity which the doctor had before poured out for him, and still held the empty glass within his hand. This the doctor now took and filled nearly to the brim. (235-36; 下線筆者)

引用④

It appeared, even to her, that Dr Fillgrave himself hardly knew what he was about, that he was not so sure in his opinion, so confident in himself, as Dr Thorne used to be. How should he be, seeing that Dr Thorne had medically had Lady Arabella in his hands for the last ten years?

If sitting with dignity in his hired carriage, and stepping with authority up the big front steps, would have done anything, Dr Fillgrave might have done much. Lady Arabella was greatly taken with his looks when he first came to her, and it was only when she by degrees perceived that the symptoms, which she knew so well, did not yield to him that she began to doubt those looks. (289)

3 ソーン医師のヒーロー性とは？

引用⑤

Let him enter what house he would, he entered it with a conviction, often expressed to himself, that he was equal as a man to the proprietor, equal as a human being to the proprietress. To age he would allow deference, and to special recognised talent—at least so he said; to rank also, he would pay that respect which was its clear and recognised prerogative; he would let a lord walk out of a room before him if he did not happen to forget it; in speaking to a duke he would address him as his Grace; and he would in no way assume a familiarity with bigger men than himself, allowing to the bigger man the privilege of making the first advances. But beyond this he would admit that no man should walk the earth with his head higher than his own. (27; 下線筆者)

4 科学的な診断、治療を行う主役のリドゲイト

引用⑥

“Unless there turn out to be further complications, such as I have not at present detected—yet,” said Lydgate. “He may pass on to a worse stage; but I should not wonder if he got better in a few days, by adhering to the treatment I have prescribed. There must be firmness. Remember, if he calls for liquors of any sort, not to give them to him. In my opinion, men in his condition are oftener killed by treatment than by the disease. Still, new symptoms may arise. I shall come again to-morrow morning.” (803-4; 下線筆者)

The chief new instruction that Lydgate had to give was on the administration of extremely moderate doses of opium, in case of the sleeplessness continuing after several hours. He had taken the precaution of bringing opium in his pocket, and he gave minute directions to Bulstrode as to the doses, and the point at which they should cease. He insisted on the risk of not ceasing; and repeated his order that no alcohol should be given. (810-11; 下線筆者)

引用⑦

That there might be an awkward affair with Wrench, Lydgate saw at once; but the case was serious enough to make him dismiss that consideration: he was convinced that Fred was in the pink-skinned stage of typhoid fever, and that he had taken just the wrong medicines. He must go to bed immediately, must have a regular nurse, and various appliances and precautions must be used, about which Lydgate was particular. (295-96; 下線筆者)

5 人間を科学的角度から見たリドゲイトの失敗

「死体発掘人(resurrectionist)」



Hablot Knight Browne, *Resurrectionists*

「理髪外科医(barber-surgeon)」



Franz Anton Maulbertsch, *The Quack*

引用⑧

“As to humbug, Hawley,” he said, “that’s a word easy to fling about. But what I contend against is the way medical men are fouling their own nest, and setting up a cry about the country as if a general practitioner who dispenses drugs couldn’t be a gentleman. I throw back the imputation with scorn. I say, the most ungentlemanly trick a man can be guilty of is to come among the members of his profession with innovations which are a libel on their time-honored procedure. That is my opinion, and I am ready to maintain it against any one who contradicts me.” Mr. Wrench’s voice had become exceedingly sharp. (511 ; 下線筆者)

引用文献

- Eliot, George. *Middlemarch*, Collins Classics, 2021.
- Furst, Lilian R, editor. *Medical Progress and Social Reality—A Reader in Nineteenth-Century Medicine and Literature*, State University of New York Press, 2000.
- Rosin, A. *George Eliot’s Middlemarch: a contribution to medical professionalism*, Medical humanities, Volume 35, BMJ Pub. Group, 2009.
- Saucier, Denis Illige. *Uncertain Identity: Medical Practitioners in Doctor Thorne and Middlemarch*, University of Denver, 2009.
- Shuttleworth, Sally. *George Eliot and Nineteenth-Century Science: The Make-Believe of a Beginning*. Cambridge UP, 1984.
- Sparks, Tabitha. *The Doctor in the Victorian Novel—Family Practices*, Routledge, 2016.
- Trollope, Anthony. *Doctor Thorne*, Digireads Publishing, 2020.
- , *An Autobiography*, Createspace Independent Pub, 2015.
- 織田 元子、「ミスター・リドゲイトとドクター・ソーン—19 世紀イギリスにおける医師の階層性(ハイラーキー)」、大阪樟蔭女子大学論集第 20 号 pp.27-46. 1983 年。
- スティーヴ・パーカー監修、『医学の歴史大図鑑』、河出書房新社、2017 年。
- 福永信哲、「ジョージ・エリオットにみる科学の受容と懐疑—『ミドルマーチ』医師リドゲイトのテクストを読む」、岡山大学大学院教育学研究科研究第 147 号 pp.27-34. 2011 年。
- リンジー・フィッツハリス著、田中恵理香訳『ヴィクトリア朝医療の歴史』、原書房、2021 年。
- ロイ・ポーター著、目羅公和訳『身体と政治—イギリスにおける病気・死・医者、1650-1900』、法政大学出版局、2008 年。

(謝辞)

本研究は JSPS 科研費 JP23K00406 の助成を受けたものです。